King’s College London Graduate Admissions,

Dear selection committee,

**RE: Letter of Recommendation for Concy Sandra Lawino to MCs Health Psychology at King’s College London**

It is with great pleasure that I recommend Ms Sandra for the masters of health psychology at King’s College London

I have known Ms Sandra since 2018 January.

She works with Mildmay Uganda under the “Unfinished Business Project” for which am the project coordinator. The Unfinished Business project aims at identifying HIV positive children and adolescents, linking them into care and retaining them in care while ensuring that they are virally suppressed. Sandra works as a ‘Know your child “status counsellor attached to one of the health facilities in the Central Districts in Uganda where Mildmay Uganda is an implementing partner in those districts.

She is a very hard-working counsellor, self-motivated, knowledgeable, a fast learner, responsible and very passionate about her work.

Sandra approached me in a very professional way and discussed with me her desire to undertake a masters’ program in health psychology and wanted to pursue it in a reputable university in order to get the best degree and exposure.

Sandra is a counsellor posted at a health facility by Mildmay Uganda. She does day today counselling of HIV positive parents to bring their children for an HIV test since their children are HIV exposed. She also ensures that no missed opportunity at identifying a child and adolescent in all the entry points at her facility.

Sandra mobilizes adolescents and engages them in activities that lead to their retention into care and also lead to improved viral suppression. She also supports care givers of HIV positive children into income generating activities so that they are financially stable and are able to look after their children.

Sandra is very eloquent in English language and her local language. She is a fast learner and so can learn languages very fast as evidenced by the fact that within a few months of being posted to a region where the community does not speak neither English nor her local language. She picked up so fast and she is able to communicate with the locals.

She has also conducted a case study on “the causes of non-suppression of viral load among children and adolescents in Luwero district (case study of St Mary’s H/C III Kasaala).

She has attained desirable communication and interpersonal skills especially for conducting research and building collaborations. These are core experience for young people passionate about addressing contemporarily health challenges. She is passionate about psychology and she will surely be a tremendous addition and asset to your programme.

As one of our staff at Mildmay Hospital Uganda, I am impressed by her decision to pursue a Master’s degree and her choice of Health Psychology which will give her a wonderful opportunity to make a great contribution in a field she is very passionate both in practice and academic. She will bring an eager mind, creativity and dedication, her participation in your programme will provide her with enhanced leadership skills necessary to continue her growth, ability and initiative to create community change and will without a doubt inspire many young women like her in sub Saharan Africa.

I firmly believe she is a future global leader in the movement to improve human health and community development. She has my unreserved recommendation for top consideration into your programme.

Thank you very much and waiting for your positive response



Dr Rebecca Kivumbi

Project coordinator

Unfinished business project